



Artistic Dance Conservatory

... dance outside the box

Thank you for your interest in Artistic Dance Conservatory. This brochure will help you get acquainted with our philosophies and our policies. Thank you to all that have made this life long dream possible. We hope that you will choose Artistic Dance Conservatory for a season of worthwhile hard work.

About the Director

Jennifer Gamache-Dubilo

In June 2003, Jennifer formed Artistic Dance Conservatory. Her vision created a professional dance school, which offers its students a variety of dance instructions in a creative, positive atmosphere and state-of-the-art facilities. Throughout her career, Jennifer has received numerous choreography awards for her work in Contemporary, Jazz, and Modern dance. The American Dance Awards named Jennifer 'Young Choreographer of the Year' in 1998 and 2000. She received diamond choreography awards in 2006, 2007, and 2008 and was honored in Who's Who among American Dance Teachers. Her students have been honored with many prestigious awards for their solo and group performances in Contemporary Lyrical, Ballet, Jazz, Modern, and Hip- Hop dance. Additionally, her students have gone on to dance in a college setting and some entering the dance field professionally. Most Recently, Jennifer's students have accepted invitations to dance with the Alvin Ailey Dance Company, Momix, the Pennsylvania Ballet, and the American Academy of Ballet. Jennifer is a master teacher and judge for the competition and dance circuit. Currently, Jennifer is the Director for the Dance Department and Choreographer for the Theater Department at Loomis Chaffee School in Windsor, Connecticut. Her credits in the NEO Theater include A Chorus Line, The Wiz, Cabaret, The Nutcracker, West Side Story, Kiss Me Kate, Grand Hotel, Wonderful Town, and Thoroughly Modern Millie. Jennifer is continuously educating herself in dance and has had the privilege to work with and study under many dance masters. Jennifer just recently began her own modern dance company, Eclipse. Eclipse is currently in its fourth season. She is a level three certified member of Dance Educators of America. With a diverse background and forward thinking ability, Jennifer brings a wealth of knowledge and creativity to every motion.

Our Vision

Artistic Dance Conservatory strives to provide excellent dance education to students of every age. We offer state of the art facilities and a comfortable and inviting atmosphere. Yearly, our dancers perform in charity events and performances throughout Western Massachusetts. The season ends with a gala production in a professional theater, providing the dancers and their families with a truly memorable experience. Our staff of knowledgeable instructors creates original class lesson plans based on years of experience and training. They educate their dancers on terminology, movement and creativity, enhancing the unique qualities of every dancer. The choreography developed for each class is carefully designed to be entertaining, flattering and age appropriate. A dance education at ADC will ensure your dancers not only the tools of dance technique but also self-confidence, discipline and creativity.

Our Staff



Rebecca Gamache-Sutter

Sr. Instructor / Choreographer

Rebecca Gamache-Sutter has been studying dance for over twenty years. She has studied at numerous dance schools including Broadway Dance Center, Steps and Dance New Amsterdam in New York City, and the Nancy Carole School of Dance in New Jersey. She has taken classes from Madam Darvosh, Frank Hatchett, Gus Giordano, Charles Kelly, and studied intensively with her sister Jennifer Gamache-Dubilo. As a child Rebecca performed with the Albany Berkshire Ballet as the lead role of Clara in The Nutcracker. Rebecca has won various dance titles and high score awards in ballet, lyrical, jazz and modern dance. She held the title of *Miss Starpower* for two years at Starpower National Talent Competitions and toured nationally with their performance group, The Power Pak. Rebecca was chosen to perform with N*Sync at the 1999 Pro Bowl halftime show. She is a certified dance educator through Dance Educators of America, and June 2003, Rebecca accepted the position of Sr. Instructor/Choreographer for Artistic Dance Conservatory. In addition to her work as an instructor, Rebecca is also a founder of the ADC Ballet Company for which she choreographs original ballets including The Nutcracker, Sleeping Beauty, Alice in Wonderland and The Wizard of Oz. Her work is performed throughout Northern Connecticut and Massachusetts in local schools, nursing homes and charity performances. Additionally, Mrs. Gamache-Sutter is a Guest Choreographer for the Theater and Dance Department at the Loomis Chaffee School. Along with her years of experience in the dance field, Rebecca brings an unparalleled ability to teach a refined technique while incorporating a unique choreographic style that makes her work her own.

Karin Neidel

Dance/Yoga/ Pilates Instructor

Karin's background combines years of dance, athletics, and fitness. She has been involved in the dance world since the age of 4. Throughout her childhood, she was able to further her dance training while at the same time enhancing her athletic performance. Karin studied dance at Theater Dance Studio until college. She returned after graduation to enter the instructing side of the dance world under the direction of Gamache-Dubilo. She continues to study at workshops and trainings with an emphasis on working with children. Karin's creative and innovative ideas have brought our youth program to a new level. Karin is also a registered yoga instructor with 7 years of practice in Hatha/Vinyasa yoga techniques. While embracing yoga, Karin also began studying Pilates and recently became certified to teach Pilates classes.

Brenden Silbaugh



Instructor/Choreographer

This is Brenden's fifth year as an instructor at ADC. In 2001 he met Jennifer Dubilo while attending Holyoke Catholic High School where he was a participating member of the school's dance club. He has since been training under Jennifer's instruction and has won numerous high score and title awards for his competitive hip hop solos. In the past few years, Brenden has been a featured dancer in such shows as Le Cirque at the Hippodrome Nightclub and Dead Man's Party at Six Flags New England. Currently he dances with Eclipse Modern Dance Company and as back-up talent for local Hip Hop/R & B artists. Brenden thrives in always expanding his knowledge through new and creative educational outlets. His streetwise and stylish choreography makes for a fun and energetic hip hop experience.

Noel St Jean

Instructor/Choreographer

Noel brings with her a diverse background in dance and fitness. Previously, Noel studied modern, jazz and lyrical dance under Gamche-Dubilo while a student of The Loomis Chaffee School. Ms. St. Jean holds her BA in Dance and Biology from Goucher College (2003) and is a nationally certified Personal Fitness Trainer (NPFT 2006). Noel studied at Broadway Dance Center, Steps and The Dance Space in NYC, Dance Mission in San Francisco, as well as The Place and Pineapple Studios in London, England. She has danced for Sara Pearson, Patrik Widrig, Kim Epifano, Amy Marshall, Kathleen Hermsdorf and Miguel Gutierrez while also creating original choreography for performances at Goucher College and the First Mariner Arena in Baltimore, MD. Most recently, Ms. St. Jean had the opportunity to return to her alma mater, The Loomis Chaffee School to teach classes in Jazz Technique during the Winter Term (2008). Performance credits include The Pro-Bowl Halftime Show with N*SYNC (1999), Six Flags New England's American Rock and Radioactive (2000/2001), Goucher College Dancers in Action (2000-2003), Baltimore Blast Halftime Show (2003), Middlesex University's Choreography Showcase-London (2002), Eclipse Dance Company (2005-2008).

Beth Hayden

Instructor/Choreographer

Office Staff: Laurie Landry, Mary Doherty, Mary Mayko

Class Descriptions



Dancemix/Creative Dance

These 45-minute classes introduce young minds to the fun and wonderful world of dance. Preschoolers learn the basic movements of Ballet, Jazz, Tap, Acrobatics and creative movement while working on strength, coordination and artistry. The children learn through dance exercises designed for this age group, creative movement, and athletic games. Your child will interact with others and develop a sense of teamwork, self-esteem, and confidence. The students gain an excellent start for further dance training or athletic growth while having fun.

Ballet/Tap, Jazz/Tap, Ballet/Jazz, Jazz/Acro, Ballet/Tap/Jazz

These 45-minute classes allow young students to build on their technique and training in a combination of disciplines. Classes work the skills and techniques in each type of dance by improving strength, flexibility, and artistry. Students learn through creative movement, center exercises, proper technique and choreography. Students expand their dance knowledge and abilities while enjoying the wonderful world of dance.

Level I, Level IIB (classes in Ballet, Tap, Jazz, Acro and Hip Hop)

These 45-minute classes allow beginner students to build on their technique and training in individual disciplines. Classes work the skills and techniques in each type of dance by improving strength, flexibility, and artistry. Students learn through barre work, center exercises, proper technique and creative choreography. Students continue their training in each style while growing artistically and enjoying dance.

Level IIA/B, Level IIIA/B (classes in Ballet, Jazz, Hip Hop and Contemporary/Lyrical)

These 45-60 minute classes take dance to a new level. While reviewing beginning techniques, classes challenge students to increase their flexibility, strength, and artistry. Students continue to learn with more intricate barre work, center floor exercises, and choreography. Our instructors develop well-rounded, proficient dancers while teaching teamwork, the rewards of hard work, and instilling confidence, poise, and dance knowledge.

Level IIA, Level III (classes in Ballet, Pointe, Jazz, Hip Hop, Tap, Modern, Acro, Contemporary/Lyrical and Technique)

These hour to hour and a half long classes expand the student's knowledge of the art of dance. Students have the opportunity to concentrate on proper technique and placement. Classes continue to challenge students to increase their flexibility, strength, and artistry. Students continue to learn with more intricate barre work, center floor exercises, and choreography. Artistry is emphasized, and the individuals own sense of style is encouraged while working together as a class.

Level IV, Level V (classes in Ballet, Pointe, Tap, Jazz, Lyrical, Modern, Acro, Contemporary/Lyrical and Technique)

These hour to hour and a half-hour long classes are offered in each discipline at an advanced and pre-professional level. Students are constantly challenged to reach new and more advanced technical skills. Students work diligently at the barre, in center floor, and to accomplish intricate choreography in every class. Our instructors will encourage students to meet their fullest potential. Your child will learn the benefits of teamwork, the rewards of hard work, and develop into confident young adults as they enjoy the numerous benefits of dance.

Adult Dance, Adult Fitness

These 45-minute classes are great for adult exercise and health. Classes are structured to increase your activity, flexibility, and overall general health and well being while under guided instruction in the company of other adults.



ADC Performance Teams and Ballet Company

Artistic Dance Conservatory was founded on the vision of providing superior dance instruction and helping our dancers to develop not only strong technique but also a strong sense of self and character. One of our strongest examples of this endeavor is our Performance Team. Through charity performances and competitive experiences, we share the ADC vision with our community and bring the art of dance to our neighbors and our dance peers. Members of the ADC Performance Teams and Kinetic State Ballet Company display our continuing efforts to achieve excellence in dance.

Our Performance Teams gain invaluable knowledge of the art of dance through performance and workshop opportunities. The teams travel to competitions, striving to gain scholarships and make connections with other dancers in their field. They attend workshops to gain a more complete understanding of the nature of dance and its many styles/techniques in the world.

As a member of the ADC Performance Team, a dancer is a studio ambassador. In addition to several competitive opportunities, our Performance Team members participate in local charity and fundraising events, most notably, the Kinetic State Ballet Company Gala Performance for the American Cancer Society. Our Team Members represent the state of Massachusetts annually at The Eastern States Exposition and receive invitations to study with renowned teachers and companies across the US.

Beyond the awards and accolades that competitions may bring, our Performance Team dancers gain self-confidence, a strong work ethic, a sense of team and community, and preparation for all of life's experiences and challenges.

Students are accepted by audition only. Students interested in this program must be enrolled in required dance subjects and show interest, hard work, and commitment to improve their dance technique and performance skills. Students will perform in several dance competitions, public performances, and goodwill performances.

In all class placements, student level and ability take precedence over age.

Recent News

Local Dancers Win International Honors East Longmeadow, MA

December was an exciting month for two local teens who had the outstanding opportunity to show their talents in international competition. Jonathan Doherty of Holyoke and Yvonne Lacombe of Monson participated in the IDO World Dance Competition as members of the American Team. Yvonne took 5th place in the immensely challenging Tap competition held in Germany and Jonathan won gold for his Jazz solo performance. The pair also took home the Gold Medal for their Modern piece, *A wakening*, in the pairs competition held in Poland. The dancers study all styles of dance and perfect their technique at Artistic Dance Conservatory, under the direction of Jennifer Gamache-Dubilo.

Eclipse Dance Company in Concert Northampton, MA

The Eclipse Dance company will join several local dance companies to ring in the New Year at First Night Northampton. Artistic Director Jennifer Gamache-Dubilo has created another intriguing performance for her eclectic ensemble, sure to delight audiences of all ages as they gather at The Academy of Music. With an expanded troupe, Eclipse creates cohesive group performances while also highlighting the individual and unique traits of its dancers in smaller works. These dancers, all educators and performers from throughout western Massachusetts, have come together once again to produce a technically strong, emotionally rich and artistically unique dance event.

Local Dancers to Perform in St. Patrick's Day Parade Holyoke, MA

Artistic Dance Conservatory dancers will entertain audiences from throughout New England once again at this year's Holyoke St. Patrick's Day Parade. Artistic Dance Conservatory has been open for 6 years under the direction of Holyoke native Jennifer Gamache-Dubilo, who is thrilled to be joining in the parade festivities. "We are honored to perform in the parade and take part in this local tradition," remarked Gamache-Dubilo at a recent rehearsal. Her dancers will perform original Hip Hop and Jazz choreography at this year's parade, sure to excite the crowd.

In addition, the Kinetic State Ballet Company, a non-profit division of the conservatory brings the art of dance to our local schools and neighborhoods year-round. This year they performed the ballet "The Dream" for Longmeadow Montessori, E.N. White in Holyoke, and the Wingate Nursing Home in addition to hosting a charity gala and silent auction at City Stage in Springfield.

National Competition Results Are In East Longmeadow, MA

The Artistic Dance Conservatory Performance Team recently took top honors at the Starpower National Talent Competition! The dancers brought home over thirty gold and platinum medals for their performances in Ballet, Jazz, Lyrical, Modern, Hip Hop and Tap dance styles. Honored at the event were several soloists, winning the titles of Jr. Miss Starpower, and seven high score awards. Soloists and groups alike were presented Special Judge's Awards for their outstanding artistry and unique choreography winning the honor of Choreographic Excellence for Lyrical, Jazz and Modern. This event marks the fourth time this year ADC dancers have returned from competition with High Score awards and division titles. Congratulations to ADC Performance team for another outstanding year!